



### **Return to Athletic Participation**

Subsequent to any serious injury and prior to further participation in that sport, an athlete should receive a medical release from a physician. Schools should use the MIAA Return to Athletic Participation Form for this purpose.

Form available at: <http://www.miaa.net/WB22-ReturnPart.pdf>

### **Concussion Rule**

Any athlete who exhibits signs, symptoms or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health-care professional.

School and athletic leaders are reminded that football and ice hockey have rules regarding health care professionals.

Each school must define the health care professional(s) and/or procedure(s) that must be satisfied before an athlete is allowed to return to participation. The individual(s) and/or procedure(s) must be in place for all student athletes, sports and levels.

